

PERINATAL MENTAL HEALTH AND EARLY CHILDHOOD PSYCHOSOCIAL CONFERENCE

Helping Families Experiencing Perinatal Loss: Developing an Infrastructure of Support

(Virtual Preconference) Tuesday, May 4, 2021 • 9 a.m. – 1 p.m. (EST)

From Fetus to Family: A Circle of Care

(Virtual Conference) Wednesday, May 5, 2021 • 9 a.m. – 5 p.m. (EST)

Learn more: chop.cloud-cme.com



COURSE INFORMATION

OVERVIEW

As many as one in seven mothers and one in 10 fathers will experience symptoms of depression, anxiety and/or traumatic stress during the perinatal period. For some parents, the experience of achieving and maintaining pregnancy is largely uneventful, but others may face significant challenges, such as perinatal loss, fetal diagnosis, preterm birth, or hospitalization of their child in a newborn intensive care unit. These events may cause high-risk parents and families to develop a worsening of social and emotional distress. The objective of this conference is to help frontline obstetric, neonatal, fetal and psychosocial clinicians develop culturally sensitive and trauma-informed methods of risk assessment to recognize triggers for psychological distress, foster effective partnerships within multidisciplinary teams, and implement screening and clinical intervention services to support parents and families in need.

A four-hour preconference will highlight best practices for supporting parents and families who experience perinatal and neonatal loss. Members of the Center for Fetal Diagnosis and Treatment (CFDT) Perinatal Palliative Care and Bereavement Program and Neonatal/Infant Intensive Care Team will share their infrastructure for clinical practice, as well as offer guidance for sharing difficult news, helpful grief resources and outreach support for grieving parents and families.

GENERAL INFORMATION

The registration fee includes the conference live stream, online presentations, and CME/CEU and other credits.

Pre-conference only (May 4, 2021).....	\$50
Conference only (May 5, 2021)	\$125
Both days (May 4-5, 2021).....	\$150

Student Fees

Pre-conference only (May 4, 2021).....	\$40
Conference only (May 5, 2021)	\$85
Both days (May 4-5, 2021).....	\$100

COURSE OBJECTIVES

Upon completion of this series, participants will be able to:

Preconference:

- Review strategies to manage difficult conversations when a fetal diagnosis is confirmed and when an anticipated neonatal loss is expected
- Identify ways to support grieving families in memory making
- Discuss helpful grief resources for parents and families
- Recognize the importance of bereavement outreach after parents and families return home

Conference:

- Define PMADs and understand the prevalence and risks for NICU parents
- Identify key components of risk assessment during a psychosocial interview
- Describe strategies for screening implementation in a fetal center, NICU and neonatal follow-up program
- Identify challenges and opportunities for implementing group programming with pregnant and postpartum parents
- Explore effective partnerships between medical, nursing and psychosocial teams

ACCME ACCREDITATION STATEMENT

Children's Hospital of Philadelphia is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians.

AMA CREDIT DESIGNATION STATEMENT

Children's Hospital of Philadelphia designates this live activity for a maximum of 11.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

SOCIAL WORK ACCREDITATION STATEMENT

Children's Hospital is a pre-approved provider of continuing education credits for Pennsylvania Licensed Social Workers, Marriage and Family Therapists, and Professional Counselors. Participants licensed in Pennsylvania who attend the full workshop and complete the required evaluation are eligible for 10.5 Continuing Education Credits. Participants licensed in other states should check with local licensing boards to determine continuing education approval.

APA ACCREDITATION STATEMENT

Children's Hospital of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. Children's Hospital of Philadelphia maintains responsibility for this program and its content. This program is approved for 11 CE credits.

NURSING CONTINUING PROFESSIONAL DEVELOPMENT APPROVED PROVIDER STATEMENT

Children's Hospital of Philadelphia is approved as a provider of nursing continuing professional development by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CERTIFIED CHILD LIFE SPECIALISTS APPROVED PROVIDER STATEMENT

Children's Hospital of Philadelphia is a pre-approved provider of continuing education credits for all certified child life specialists (CCLS) through Association of Child Life Professionals (ACLP). CCLS that attend the full workshop and complete the required evaluation are eligible for Professional Developmental Units.

GENETIC COUNSELOR CREDITS

An application for genetic counselor credits will be submitted.

CANCELLATION AND REFUND POLICY

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, Children's Hospital of Philadelphia will refund any registration fees, less a \$10 service charge. In order to process refunds for course withdrawals, cancellation must be received in writing by Monday, April 26, 2021.

VIRTUAL PRE-CONFERENCE PROGRAM

HELPING FAMILIES EXPERIENCING PERINATAL LOSS: DEVELOPING AN INFRASTRUCTURE OF SUPPORT

TUESDAY, MAY 4, 2021 • 9 A.M. – 1 P.M. (EST)

Session 1: Having Difficult Conversations with Parents

- 9 a.m. **Welcome**
Joanna C.M. Cole, PhD, PMH-C
- 9:10 a.m. **A Fetal Diagnosis is Confirmed**
Stefanie B. Kasperski, MS, LCGC
- 9:25 a.m. **Genetic Counselor Role in
Postmortem Evaluation of Fetal
Anomaly**
Natalie E. Burrill, MS, LCGC
- 9:40 a.m. **Discussing Neonatal Withdrawal
with NICU Parents**
David A. Munson, MD
- 9:55 a.m. **Having Difficult Conversations:
Funeral Arrangements**
Lucia Figueroa, MSW, LSW
Jessica Hertzog, MSW, LSW
- 10:15 a.m. **Ethical and Spiritual Support with
Infant Loss in the Hospital Setting**
Laura Palmer, MDiv, BCC
Heather Ousley, MSS, MS
Lindsey Kunkel, LCSW
- 10:45 a.m. **Faculty Q and A**

Session 2: Supportive Care at the Time of Death

- 11:10 a.m. **Guiding Families with a Loss of a
Baby in a Labor and Delivery Unit**
Judy L. Prince, RN, BSN, C-OB,
C-EFM, CPLC, RTS, PCE, NC-BC
Jill Albright, BSN, RNC-OB, IBCLC,
CCE
- 11:25 a.m. **Caring for Bereaved Families in the
NICU through a Child Life Lens**
Michelle Badejo, RNB, CCLS
- 11:40 a.m. **When a Baby is Expected to Die
at Birth: Supporting Familial
Connection for Expectant Parents
and Siblings**
Jessica Hertzog, MSW, LSW
Melanie Moreno, CCLS
Laura E. Palmer, MDiv, BCC
Lindsay Zajac, PhD
- 12:20 p.m. **Follow Up Support for Parents
Who Experience a Loss**
Alexandria R. Budney, MPH
Joy N. Macdonald, RN, BSN
- 12:35 p.m. **Faculty Q and A**
- 12:50 p.m. **Final Comments**
Joanna C.M. Cole, PhD, PMH-C
- 1 p.m. **Adjourn**

VIRTUAL CONFERENCE PROGRAM

FROM FETUS TO FAMILY: A CIRCLE OF CARE

WEDNESDAY, MAY 5, 2021 • 9 A.M. – 5 P.M. (EST)

9 a.m. Welcome
Joanna C.M. Cole, PhD, PMH-C

9:10 a.m. Keynote Presentation
Final Jeopardy Category:
Perinatal Mood Disorders
*Christena Raines, RN, MSN,
APRN-BC, PMH-C*

9:50 a.m. Q and A

Session 1: Effective Implementation – Screening and Assessment

10 a.m. Psychosocial Assessment in the
Setting of an Identified Fetal
Difference
*Lucia Figueroa, MSW, LSW
Jessica Hertzog, MSW, LSW*

10:15 a.m. Identifying Intimate Partner
Violence in the NICU
*Meredith A. Huber, MSW, LSW
Alexandra M. Pomar, LCSW*

10:30 a.m. Implementing Screening in a
Fetal Care Center and L&D Unit
*Alexandria R. Budney, MPH
Stefanie Modri, RN, BSN, MSN,
C-MNN*

10:45 a.m. Implementing Screening in
the NICU
*Chavis A. Patterson, PhD
Pamela A. Geller, PhD*

10:55 a.m. Screening for Parental Distress
after Infant Hospital Discharge
Casey Hoffman, PhD

11:05 a.m. Maternal Depressive Risk in
Prenatal vs. Postnatal Surgical
Closure of Myelomeningocele
Jane E. Schreiber PhD, ABPP-CN

11:15 a.m. Faculty Q and A

11:30 a.m. Break

Session 2: Effective Partnerships – Engaging the Team

11:40 a.m. The Pandemic Pivot: Altering
Perinatal Care in the Middle of a
Global Health Crisis
Julie S. Moldenhauer, MD

11:50 a.m. Fetal Therapy Coordinators and
PST: The Dream Team
Susan Spinner, MSN, RN

Noon Psychosocial Screening on the
Frontline: Why Everyone Needs a
Friend in MFM
Christina Paidas Teefy, MD

12:10 p.m. All in the Family: Genetic
Counseling at the Center for Fetal
Diagnosis and Treatment
Lisa Pilchman, MS, LCGC

12:20 p.m. Advanced Practice Nursing
Partnership with the
Psychosocial Team
Katie Schmidt, NP

12:30 p.m. Development and Fundraising:
Creating Meaningful Opportunities
for Patient Families to Give Back
Sarah Evans

12:40 p.m. Faculty Q and A

1 p.m. Lunch on Your Own

1:30 p.m. Invited Speaker Presentation
Establishing a Child Life Program
in a Maternal Fetal Center
Elizabeth A Shaughnessy, MS, CCLS

1:50 p.m. Q and A



**Session 3: Effective Interventions—
At the Bedside**

2 p.m.	Partnerships at the Bedside: Child Life in the NICU <i>Michelle Badejo, RNBC, CCLS</i> <i>Melanie Moreno, CCLS</i>	3:10 p.m.	Break
2:15 p.m.	Supporting the Antepartum Patient: Partnership of Special Delivery Unit and Psychosocial Support Team <i>Emily L. Chamberlain, BSN, RNC-OB</i> <i>Marissa A. Rowson, CNM</i>	3:20 p.m.	Group Education for Parents with Prenatally Diagnosed Fetal Differences <i>Maren Oser, MSN, CNM, WHNP</i> <i>Sarah J. Robinson, MSN, CNM,</i> <i>WHNP-BC</i>
2:30 p.m.	SDU Altered Book Making Groups <i>Jonathan Jenkins, MA, ATR-BC, LPC</i>	3:35 p.m.	Parent and Caregiver Support Programming in the Intensive Care Unit <i>Chavis A. Patterson, PhD</i>
2:40 p.m.	Cultural Competency and Humility <i>R. Mona Pandeya, MSOD</i>	3:45 p.m.	Faculty Q and A
2:50 p.m.	Cross-cultural Healthcare: Advanced Tips for Working with Interpreters <i>Priscilla M. Ortiz, PhD, CMI</i>	4 p.m.	Keynote Presentation What's RIGHT with Dads: An Intersectional, Strengths-based Lens of Early Fatherhood <i>Daniel Singley, PhD, ABPP</i>
3 p.m.	Developmental Care Rounds in the Cardiac Intensive Care Unit <i>Abigail Demianczyk, PhD</i>	4:40 p.m.	Q and A
		4:50 p.m.	Final Comments <i>Joanna C.M. Cole, PhD, PMH-C</i>
		5 p.m.	Adjourn

REGISTER ONLINE: [CHOP.CLOUD-CME.COM](https://chop.cloud-cme.com)

Unless otherwise noted, faculty is from Children's Hospital of Philadelphia (CHOP) and/or the Perelman School of Medicine at the University of Pennsylvania.

COURSE DIRECTOR

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